

A Patient's Guide to Stool Specimen Collection

Contact Information - Bronson Laboratory Phone Numbers:

- Kalamazoo Lab: (269) 341-6440

Required supplies: Toilet Hat, Stool Transport Containers.

If your physician did not provide collection containers, please call the lab. See above for contact information.

Step 1: See table on back for detailed collection requirements.

Step 2: Place the white toilet hat onto the toilet seat.

Step 3: Be careful not to mix water from the toilet bowl or urine with the stool. This will spoil the test.

Step 4: After the bowel movement, transfer the stool from the hat into the transport container/s.

Step 5: Screw cap tightly onto containers.

Step 6: Mark the container with your **first and last name, date of birth, & date and time of the collection.**

Step 7: Take the containers to the lab within timeframe listed on back of this sheet.

Patients in diapers:

Required supplies: Urine collection bag (U-bag), Diaper, Plastic Wrap, Collection Containers.

If your physician did not provide special collection containers please call the lab. See above for contact information.






Step 1: Following the U-Bag instructions, apply the U-Bag to the patient.

Step 2: Line the diaper with plastic wrap. Apply diaper on patient.

Step 3: Remove the diaper within 30 minutes after the bowel movement.

Step 4: Discard the urine in the U-Bag without splashing onto the stool.

Step 5: Place stool into each of the containers. Refer to above steps 5-7.

Transport Container	Test	Amount	Where to store after collection	Drop off to lab within:	Special Instructions
Sterile Container (Examples) 	Calprotectin FCAL	Walnut sized	Refrigerator	72 hours	None
	C. difficile CDIFT	1 teaspoon	Refrigerator	5 days	Do not collect while using topical ointment like zinc oxide or Vagisil cream on the vaginal/rectal area.
	Lactoferrin FLAC	Pea-sized	Refrigerator	72 hours	None
	Pancreatic Elastase Stool FPAN1	Walnut sized	*Freezer	7 days	Discontinue of pancreatic enzyme supplementation therapy prior to sample collection. Watery stool not recommended for this test.
	pH/reducing substance MIMAY;URED	Walnut sized	Freezer	Return to lab within 24 hours	No Barium or laxatives for 1 week prior to collection. Collect a loose , random stool specimen. Freeze specimen within 2 hours of collection.
Cary Blair (Container Examples) 	GI Panel GIPCR	Do not pour out the liquid. Fill to red line.	Room Temp	4 days	Transfer stool into the container until it reaches the red fill line. Invert the container 5-10 times in order to mix the liquid and stool together.
	H Pylori HPFRP	Do not pour out the liquid. Fill to red line.	Room Temp	72 hours	Transfer stool into the container until it reaches the red fill line. Invert the container 5-10 times in order to mix the liquid and stool together If taking: Bismuth , antibiotics , or proton pump inhibitors , wait 2 weeks after stopping the medication before collecting the sample.
	Occult Blood FOBI	Refer to kit instructions	Room Temp	Mail immediately or return to lab within 5 days	Refer to instructions inside the collection kit.
	Ova & Parasites (O&P) OVP	Do not pour out the liquid. Fill to red line.	Room Temp	72 hours	If taking: Antacids , antibiotics , kaolin , mineral oil and other oily materials , antidiarrheal preparations , barium or bismuth , wait 7 days after stopping the medication before collecting the sample. Gallbladder dyes , wait 3 weeks before collecting the sample.
	Fecal Fat Random, 24, 48 or 72 hour collection FATQN	Collect all during designated time period	Refrigerator	Once collection is completed.	For 3 days prior and during the collection period: Fat-controlled diet (100-150 g fat per day) <i>Note: Please contact your ordering provider with any diet related questions.</i> No synthetic fat substitutes (e.g., Olestra) or fat-blocking nutritional supplements. No laxatives (particularly mineral oil and castor oil) Diaper rash ointment , do not use during collection period. Barium , wait 48 hours after stopping medication before collecting a specimen.

*(Separate container required if other stool tests ordered)