A Patient's Guide to Stool Specimen Collection

Contact Information - Bronson Laboratory Phone Numbers:

- Kalamazoo Lab: (269) 341-6440

Required supplies: Toilet Hat, Stool Transport Containers.
If your physician did not provide collection containers please call the lab. See above for contact information.

Step 1: See table on back for detailed collection requirements.
Step 2: Place the white toilet hat onto the toilet seat.
Step 3: Be careful not to mix water from the toilet bowl or urine with the stool. This will spoil the test.
Step 4: After the bowel movement, transfer the stool from the hat into the transport container/s.
Step 5: For Stool GIPCR and O&P collection. If you are not collecting for these tests, skip to step 6.

GI Panel   O&P

Step 5 continued
5a. Transfer stool into the container until it reaches the red fill line.

5b. Screw the cap back onto the container.

5c. Invert the container 5-10 times in order to mix the liquid and stool together.

Step 6: Screw cap back onto containers.
Step 7: Mark the container with your **first and last name**, **date of birth**, & **date and time of the collection**.
Step 8: Take the containers to the lab within timeframe listed on back of this sheet.

Patients in diapers:

Required supplies: Urine collection bag (U-bag), Diaper, Plastic Wrap, Collection Containers.
If your physician did not provide special collection containers please call the lab. See above for contact information.

Step 1: Following the U-Bag instructions, apply the U-Bag to the patient.

Step 2: Line the diaper with plastic wrap. Apply diaper on patient.

Step 3: Remove the diaper within 30 minutes after the bowel movement.

Step 4: Discard the urine in the U-Bag without splashing onto the stool.

Step 5: Place stool into each of the containers. Refer to above steps 5-7.

Test	Transport Container	Amount	After collection, where do I store my specimen?	After collection take specimen to lab within:	Special collection recommendations/ requirements
Calprotectin **CALPR**		Size of Walnut	*Freezer	3 days	Freeze within 18 hours of collection.
C. difficile **CDIFT**		1 tsp	Refrigerator	5 days	Do not collect while using topical ointment like **zinc oxide** or **Vagisil cream** on the vaginal/rectal area.
GI Panel **GIPCR**		Fill to red line	Room Temp	4 days	None
Fat Random, 24, 48 or 72 hour collection **FATQN**		Collect all during designated time period	Refrigerator	Once collection is completed.	For 3 days prior and during the collection period: **Fat-controlled diet** (100-150 g fat per day) *Note: Please contact your ordering provider with any diet related questions.* **No synthetic fat substitutes** (e.g., Olestra) or fat-blocking nutritional supplements. **No laxatives** (particularly mineral oil and castor oil) **Diaper rash ointment**, do not use during collection period. **Barium,** wait 48 hours after stopping medication before collecting a specimen.
Lactoferrin **FLAC**		Size of a pea	Refrigerator	72 hours	None
Occult Blood **FOBI**		Refer to kit instructions	Room Temp	Mail immediately or return to lab within 5 days	Refer to instructions inside the collection kit.
H Pylori **HPFRP**		Fill to red line	Room Temp	72 hours	If taking: **Bismuth**, **antibiotics**, or **proton pump inhibitors**, wait 2 weeks after stopping the medication before collecting the sample.
Ova & Parasites (O&P) **OVP**		Fill to red line	Room Temp	72 hours	If taking: **Antacids**, **antibiotics,** **kaolin**, **mineral oil** and **other oily materials**, **antidiarrheal preparations**, **barium** or **bismuth**, wait 7 days after stopping the medication before collecting the sample. **Gallbladder dyes**, wait 3 weeks before collecting the sample.
pH/reducing substance **MIMAY- ;UREDF**		Size of walnut	Freezer	Return to lab within 24 hours	No Barium or laxatives for 1 week prior to collection. Collect a **loose**, random stool specimen. **Freeze specimen within 2 hours of collection.**
Pancreatic Elastase Stool **FPAN1**		Size of walnut	*Freezer	7 days	Discontinue of pancreatic enzyme supplementation therapy prior to sample collection. Watery stool not recommended for this test.

*(Separate container required if other stool tests ordered)