

Patient Instructions for 24 Hour Urine Collection

Supplies

- 24-Hour Urine Collection Jug
 - *NOTE: May contain acid; do not urinate directly into the urine collection jug. Use the provided urine collection transfer device to safely transfer urine into the collection jug.
- Urine collection transfer device (device that fits on the rim of the toilet to enable safe transfer of urine to collection jug)

24-Hour Collection Instructions

1. Follow your provider's directions regarding food, drink, or drugs before and during collection.
2. Empty your bladder completely when you get up in the morning. **DO NOT SAVE THIS URINE SPECIMEN.** Discard your first morning urine in the toilet. This is your **START** time.
3. Record the **START** Date and Time on the collection jug label (Example: 9/20/09 at 7:00 AM).

24 HOUR URINE COLLECTION

PATIENT NAME _____

DATE OF BIRTH _____

COLLECTION START DATE & TIME _____ ← Record START Date & Time Here

COLLECTION STOP DATE & TIME _____

NAME OF TEST(S) _____

PRESERVATIVE _____

CAUTION: MAY CONTAIN ACID

4. For the next 24 hours, **ALL** of the urine that you pass must be transferred into the collection jug provided. Urinate into the urine collection transfer device and then carefully transfer the urine into the collection jug. Do this all day and night. Keep the collection jug refrigerated during collection period.
5. **Urinate for the last time the next morning at the same time as the collection started. SAVE THIS URINE SPECIMEN and add it to the collection jug using the urine collection transfer device (the STOP time must be the same as the START time from step 3. above or collection is not considered a 24 hour urine).**
6. Record the **STOP** Date and Time on the collection jug label (Example: 9/21/09 at 7:00 AM)(time **must** match the start time or collection is not considered a 24 hour urine)

24 HOUR URINE COLLECTION

PATIENT NAME _____

DATE OF BIRTH _____

COLLECTION START DATE & TIME _____

COLLECTION STOP DATE & TIME _____ ← Record STOP Date & Time Here

NAME OF TEST(S) _____

PRESERVATIVE _____

CAUTION: MAY CONTAIN ACID

7. Bring specimen to the laboratory drop off location as soon as possible after 24-hour collection is complete.
8. Certain testing requires a blood draw. Check with lab staff before leaving.

**Please call Bronson Laboratory if you have any questions about this collection
(269) 341-6440**